

STARTERS

Oysters from local farmers

	MEMBERS	NON MEMBERS
NATURAL, MORNAY or KILPATRICK (6)	13.50	15.00
NATURAL, MORNAY or KILPATRICK (12)	27.00	30.00
GARLIC PRAWNS <i>with sweet potato chips and topped with aioli.</i>	15.50	17.50
CHICKEN WING DINGS <i>Deep-fried chicken wing dings served with creamy BBQ sauce.</i>	14.50	16.50
ASIAN MIXED PLATE <i>2 prawn parcels, 2 vegetable spring rolls, 2 pork dumplings, 2 chicken dim sims, 2 vegetable money bags + dipping sauce.</i>	14.50	16.50
SALT & PEPPER SQUID <i>with herb salad, chilli syrup & balsamic reduction</i>	14.50	16.50

MEAT

Grilled to your liking

SCOTCH FILLET (300grms)	26.50	29.50
<i>Char-grilled and served with chips, salad and your choice of mushroom, pepper or Diane sauce.</i>		
T-BONE (500grms)	29.50	33.00
<i>Char-grilled and served with chips, salad and your choice of mushroom, pepper or Diane sauce.</i>		
RUMP STEAK (250grms)	19.00	21.50
<i>Char-grilled and served with chips, salad and your choice of mushroom, pepper or Diane sauce.</i>		
ROAST OF THE DAY <i>Refer to Chef's Specials. Served with baked potatoes, pumpkin, peas & gravy.</i>		
Small	13.50	15.50
Large	16.50	18.50

SEAFOOD

CALAMARI	17.50	19.50
<i>Crumbed calamari with lemon, tartare, salad & chips.</i>		
BARRAMUNDI FILLET	20.50	23.00
<i>Grilled or beer-battered, with lemon, tartare, salad & chips.</i>		
WHOLE LEMON SOLE	20.50	23.00
<i>with lemon, tartare, salad & chips.</i>		
SEAFOOD PLATE	19.50	22.00
<i>Crumbed Whiting fillets, prawns, calamari, served with salad, lemon & tartare sauce.</i>		
ATLANTIC SALMON	21.50	24.00
<i>with ginger, soy sauce, Asian greens and rice.</i>		

menu



242ate

CAFÉ BAR & GRILL CLUB FORSTER

CHICKEN & LAMB

	MEMBERS	NON MEMBERS
CHICKEN BREAST	19.50	22.00
<i>Grilled chicken breast marinated with herbs & garlic, topped with rocket, sun dried tomatoes & pesto, plus salad and chips.</i>		
CHICKEN PARMIGIANA	19.50	22.00
<i>Char-grilled and served with sliced ham, tomato sauce, mozzarella, served with salad and chips.</i>		
CRUMBED CHICKEN	19.50	22.00
<i>Fresh chicken breast lightly crumbed, deep-fried, served with salad, chips & your choice of Mushroom, Pepper or Diane sauce.</i>		
CRUMBED LAMB CUTLETS	18.00	20.00
<i>Served with salad, chips & gravy.</i>		

SEAFOOD PLATTERS

HOT & COLD PLATTER	28.50	32.00
<i>(For one) Rock oysters, king prawns, smoked salmon, crumbed whiting, prawns, calamari, served with chips & salad.</i>		
COLD PLATTER	28.50	32.00
<i>(For one) 4 King prawns, 6 local rock oysters and smoked salmon.</i>		

MOST OF OUR MENU CAN BE MADE GLUTEN FREE!

PLEASE TALK TO OUR FRIENDLY STAFF AND NOTIFY THEM OF YOUR SPECIAL REQUIREMENTS OR ANY OTHER FOOD ALLERGIES YOU MAY HAVE.

PASTA & RISOTTO

	MEMBERS	NON MEMBERS
PENNE CHORIZO _____ <i>with mushrooms, red capsicum, fresh basil, Spanish onions and a pink sauce.</i>	19.50	22.00
VEGETARIAN PENNE _____ <i>with Spanish onion, red pepper, mushrooms, olives, rocket in a Napolitana sauce.</i>	17.50	19.50
VEGETARIAN RISOTTO _____ <i>with pumpkin, spinach and peas, with white wine and cream sauce.</i>	17.50	19.50
RISOTTO PRAWNS _____ <i>with bacon, tomato and a hint of chilli.</i>	19.50	22.00
SPINACH, RICOTTA RAVIOLI _____ <i>with sun dried tomatoes & rocket pesto.</i>	16.50	18.50

PIZZA

MARGHERITA _____ <i>Tomato, cheese and fresh basil.</i>	10.50	12.00
MEAT LOVERS _____ <i>Pepperoni, ham, chorizo, mozzarella and BBQ sauce.</i>	17.00	19.00
OUT OF THE SEA _____ <i>Smoked Tasmanian salmon, avocado, red onion, sour cream and herbs.</i>	18.00	20.00
VEGETARIAN _____ <i>Mushroom, feta cheese, red capsicum & Spanish onion.</i>	15.50	17.50
HAWAIIAN _____ <i>Ham, pineapple and mozzarella.</i>	15.50	17.50

BURGERS

BEEF BURGER _____ <i>Home made beef patty, lettuce, tomato, melted cheese, served with chips.</i>	12.50	14.00
CHICKEN BURGER _____ <i>Crumbed chicken plus lettuce, tomato, avocado and aioli, served with chips.</i>	12.50	14.00
VEGETARIAN BURGER _____ <i>Char grilled sweet potato, tomato, lettuce, avocado and aioli, served with chips.</i>	12.50	14.00



SIDES

	MEMBERS	NON MEMBERS
BREAD ROLL _____	1.00	1.00
GARLIC BREAD _____	4.50	5.00
CHUNKY FRIES _____ <i>Bowls of chunky fries with gravy.</i>	5.50	6.50
SWEET POTATO CHIPS _____ <i>Served with aioli.</i>	6.00	7.00
GARDEN SALAD _____	3.50	4.00
VEGETABLES _____ <i>Carrots, broccoli and bok choy.</i>	3.50	4.00
WEDGES _____ <i>Potato wedges with sweet chilli sauce & sour cream.</i>	6.50	7.50

WHY NOT ADD GARLIC PRAWNS TO YOUR DISH ONLY \$2.00 EACH!

SALADS

SEAFOOD SALAD _____ <i>King prawns, smoked salmon & avocado.</i>	20.50	23.00
FRESH BEETROOT SALAD _____ <i>with roasted red capsicum, mesculin & grilled haloumi.</i>	15.50	17.50
GREEK SALAD _____ <i>Tomato, Spanish onion, feta, olives and cucumber.</i>	15.50	17.50
AVOCADO SALAD _____ <i>with slow roasted tomato, fetta and mesculin.</i>	14.50	16.50
CAJUN CHICKEN SALAD _____ <i>with avocado, bacon, asparagus, grilled haloumi, sweet potato chip and tzaziki.</i>	19.50	22.00

LIGHT MEALS

CHICKEN SCHNITZEL _____ <i>Served with chips.</i>	10.00	11.50
SAUSAGES & CHIPS _____	10.00	11.50
FISH'N'CHIPS _____	10.00	11.50
CALAMARI'N'CHIPS _____	10.00	11.50
PENNE PASTA _____ <i>with Napolitana sauce.</i>	10.00	11.50

SALAD or DRINK & ICE CREAM

FREE WITH EVERY LIGHT MEAL

Your pick of either one of the following choices:

1. A complimentary midday of post-mix & ice cream

OR

2. A complimentary salad

KIDS' ACTIVITY PACK _____	2.00	2.00
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Menu valid as at February 2017

Prices and dishes may change without notice.